

Tucker County Family Resource Network & Family Resource Center

100 Education Lane; Parsons, WV 26287

Phone: 304-478-3827

Dear Parents,

We are starting another year of the “**Back Pack Buddies**” weekend feeding program. Local children participating will receive healthy, kid-friendly food each weekend throughout the school year. Each Friday enrolled children will be given a bag of food at the end of the school day. The goal of this project is to increase the availability of healthy food for children in need. Most foods included in the packs will not require refrigeration or heating.

The weekend “Back Pack Buddies” bags will include:

- 2 breakfasts (example: granola or breakfast bars)
- 2 lunches (example: cheese and cracker packs & tuna fish and cracker packs)
- 2 dinners (example: ravioli cup and beef stew cup)
- 2 snacks (example: raisins and applesauce cup)
- 2 drinks (example: juice boxes and shelf stable milk)

If you feel that your child and/or your family could benefit from the Back Pack Buddies project, please complete, sign and return the lower portion of this page. There are a limited number of children that can be enrolled in this program, so it is important that you return this form to your child’s teacher in the envelope provided as soon as possible. **We cannot guarantee that your child will be included, but will keep your enrollment form on file in the event that we are able to expand the program to serve more children. If your child is enrolled you will be notified.** All participation is confidential and you will be contacted if your child will be included in the program. If you have questions, please contact April Miller or Cindy Simmons at the Tucker County FRN/FRC at 304-478-3827.

BACKPACK BUDDIES INTEREST FORM (Return by 10/12/15)

_____ **No, I do not want my child to participate**

_____ **Yes, I give permission for my child to participate in the Backpack Buddies program.**

Child’s Name: _____ Parent/Guardian Name: _____

School: _____ Grade: _____ Teacher: _____

How many children are in your household? _____ What are their ages? _____

Does your child have any food allergies that we should be aware of? _____ Yes _____ No

If you answered yes to food allergies, please list them: _____

Phone/Cell Number: _____

Signature of Parent/Guardian: _____

